

Center for Facial, Oral & Implant Surgery

Facial Cosmetic Surgery Pre-Operative Instructions

- Discontinue aspirin for 10 days.
- Discontinue ibuprofen or other anti-inflammatory medications for 48 hours. Use Tylenol instead
- Discontinue supplements for 2 weeks prior to surgery and for 2 weeks after surgery.
- Please discuss discontinuing a medication prescribed by a physician during your consultation visit.
- No smoking for 2 weeks prior to surgery and 2 weeks following your surgery.
- Notify the doctor if a cold or infection develops in the weeks prior to surgery.
- If general anesthesia or IV sedation is used, do not eat or drink anything for 8 hours prior to surgery. A small sip of water is allowed first thing in the morning to take any necessary medicines.
- You may brush your teeth the morning of surgery, but do not swallow the water.
- Please do not wear moisturizers, creams, lotions or makeup.
- Wear comfortable, loose-fitting clothing that buttons or zips down the front. (Nothing that goes over your head)
- If you wear contact lenses, do not wear them the day of surgery.
- Leave your personal belongings (purse, wallet, credit cards, and jewelry) at home.

Signature

Date

Schedule for surgery: _____
Date

Time

Amount due at time of surgery: _____